

Useful Health Information Websites



Other Services Offered by Health Educators in the Patient & Family Health Education Center

Chat online with a Health Information Search Specialist

Health educators in the Cleveland Clinic Center for Consumer Health Information are available to chat with you online, in real time (ie., just like instant messaging) and can:

- Provide you with web page links and resources about your condition or treatment
- Help you find a Cleveland Clinic physician or surgeon to diagnose and/or treat your condition
- Give you information about how to make an appointment or get a second opinion at Cleveland Clinic
- Provide visitor information and resources about Cleveland Clinic

What do I need to do to interact with the health educator Online?

Before you start your chat, a pre-chat questionnaire will ask for your name, date of birth, and a brief description of the type of information you are seeking. This will help the health educator locate information for you more quickly. You may also be asked to provide your email address or phone number in case the chat is disconnected unexpectedly. The information you provide and receive is secure and will not be shared with anyone. At the end of your chat, you can ask for a transcript to be emailed or mailed to you.

Please understand that the online health educators cannot provide medical diagnosis or treatment advice.

Medical information provided by Cleveland Clinic, in the absence of a visit with a health care professional, must be considered an educational service only.

Chats take place online, Monday through Friday from 10:00 am through 1:30 pm, at www.clevelandclinic.org/health

If you prefer to talk to a health educator directly, please call us toll free at 800.223.2273 ext. 43771, or 216.444.3771, or send an email to healthl@ccf.org

Where can I find more information on Chat with a Health Information Search Specialist?

Visit the Center for Consumer Health Information's homepage for more information about this feature: www.clevelandclinic.org/health/liveperson-chat.

Live Online Chats with Cleveland Clinic Health Care Professionals

Are you confused or concerned about a health issue? Do you have questions about the newest treatments and therapies?

Now you can have your questions answered directly through interactive conversations led by Cleveland Clinic physicians and health educators. All chats occur at 12:00-1:00 pm EST. For more information on the web chats, visit: www.clevelandclinic.org/webchat

The Patient & Family Health & Education Center

Looking for General Health or Cardiovascular Information? Visit our resource center located on the first floor of the Glickman Tower. The resource center is open Monday through Friday, 8:00 am to 5:00 pm. At the center, you can receive personalized health and/or cardiovascular information from our staff of health educators. They can provide a variety of reputable, health information resources, including online databases, websites, newsletters, and Cleveland Clinic publications. Stop in and chat with us!

The Patient & Family Health & Education Center also completes requests for general health and cardiovascular information made by mail, phone, fax, and by e-mail:

 General Health Information Request Phone: 216.444.3771 or 800.223.2273 x 43771

 To talk to a 'live' Heart and Vascular Institute nurse, Phone: 866.289.6911 • To request health information by other means: Web: www.clevelandclinic.org/health

Email: healthl@ccf.org Fax: 216.636.1844

Notes:	

Cleveland Clinic is not responsible for the availability or content of these sites, nor does Cleveland Clinic endorse, warrant or guarantee the products, services or information described or offered at these internet sites. This information is provided for educational use only and may not reflect Cleveland Clinic practice. This information is not intended to replace the medical advice of your doctor or health care provider. Please consult your health care provider for advice about a specific medical condition.



Patient and Family Health and Education Center

Center for Consumer Health Information - Desk Q1-2 9500 Euclid Avenue, Cleveland, OH 44195 216.444.3771 or 1.800.223.2273, ext. 43771 Hearing Impaired (TTY) Assistance: 216.444.0261 www.clevelandclinic.org/health

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This information was compiled as a service of the Patient & Family Health and Education Center, a division of the Cleveland Clinic Center for Consumer Health Information.

Online Resources

Aging

AARP
Aging in the Know
Caring Connections
NIH Senior Health
Senior Citizens' Resources

www.aarp.org/health www.healthinaging.org/ www.caringinfo.org www.nihseniorhealth.gov www.usa.gov/Topics/Seniors.shtml

Alcohol and Drugs

Alcohol Screening American Council for Drug Education The Partnership for a Drug-Free America http://alcoholscreening.org www.acde.org www.drugfree.org

Alternative Therapies

FDA Center for Food Safety and Applied Nutrition: Dietary Supplements InteliHealth

American Academy of Medical Acupuncture Dietary Supplement Label Database

MD Anderson Cancer Center

National Center for Complementary and Alternative Medicine Natural Standard NIH Office of Dietary Supplements NLM - Dietary Supplements Labels Database

Whole Health MD

Anatomy

Bartleby — Gray's Anatomy Body basics

Get Body Smart InnerBody

Cancer

American Cancer Society
Breast Cancer
Breast Cancer-Network of Strength
Cancer Net
Cure Search-Childhood Cancers
Lung Cancer Alliance
National Cancer Institute
OncoLink
Skin Cancer Foundation
Thyroid Cancer Survivors' Association
Kidney Cancer Association

www.fda.gov/Food/
DietarySupplements/default.htm
www.intelihealth.com
(click on Comp. and Altern. Med.)
http://medicalacupuncture.org
http://dietarysupplements.nlm.nih.
gov/dietary/
www.mdanderson.org/
departments/cimer
www.nccam.nih.gov

www.naturalstandard.com
http://ods.od.nih.gov/
http://dietarysupplements.nlm.nih.
gov/dietary

www.bartleby.com/107 Http://kidshealth.org/parent/ general/body_basics www.getbodysmart.com www.innerbody.com

www.wholehealthmd.com

www.cancer.org
www.breastcancer.org
www.y-me.org
www.cancer.net
www.curesearch.org
www.lungcanceralliance.org
www.cancer.gov
www.oncolink.org/index_ie.cfm
www.skincancer.org
http://thyca.org
www.kidneycancer.org

Childrens' Health and Parenting

ADDvance www.addvance.com (Answers to questions about ADHD) American Academy of Pediatrics www.healthychildren.org Health Children **Autism Society of America** www.autism-society.org **Autism Speaks** www.autismspeaks.org BAM (Fun stuff for kids regarding www.bam.gov **BODY AND MIND)** CDC-National Center on Birth Defects www.cdc.gov/ncbddd and Developmental Disabilities CureSearch www.curesearch.org FDA Kids Home Page www.fda.gov/oc/opacom/kids/default.htm FirstGov for Kids http://kids.usa.gov Girls Health www.girlshealth.gov Kids Click! www.kidsclick.org Kid's Health www.kidshealth.org **Learning Disabilities Association** www.ldaamerica.org of America LD Online (Learning Disabilities and ADHD) www.ldonline.org March of Dimes www.modimes.org My Child Without Limits www.mychildwithoutlimits.org National Center on Birth Defects and www.cdc.gov/ncbddd/index.html **Developmental Disabilities** National Dissemination Center for http://nichcy.org Children with Disabilities

www.help4adhd.org

www.zerotothree.org

www.researchautism.org

Circulatory

Zero to Three

National Resource Center of ADHD

Organization for Autism Research

Internet Stroke Center www.strokecenter.org
Vascular Disease Foundation www.vdf.org

Clinical Trials

Center Watch www.centerwatch.com
Clinical Trials www.clinicaltrials.gov
IFPMA Clinical Trials Portal http://clinicaltrials.ifpma.org
Lupus Together www.lupustrials.org
The Center for Information and Study
on Clinical Research Participation www.ciscrp.org/patient

Diabetes

American Diabetes Association www.diabetes.org
dLife www.dlife.com
Journey for Control www.journeyforcontrol.com

Diagnostic and Surgical Procedures

American Society of Anesthesiologists Amputee Coalition of America Lab Tests Online Radiology Information www.asahq.org/patienteducation.htm www.amputee-coalition.org www.labtestsonline.org www.radiologyinfo.org

Online Resources

Digestive Health

American Society of Colon and Rectal Surgeons www.fascrs.org/patients American College of Gastroenterology Crohn's & Colitis Foundation of America International Foundation for Functional **Gastrointestinal Disorders** National Foundation for Celiac Awareness

http://patients.gi.org www.ccfa.org www.iffgd.org

www.celiaccentral.org

Ear. Nose and Throat

American Speech-Language-**Hearing Association** Better Hearing Institute Deaf MD Hearing Loss Association of America Vestibular Disorders Association

www.asha.org/public

www.betterhearing.org www.deafmd.org www.hearingloss.org www.vestibular.org

Endocrine System

American Thyroid Association **Endocrine Web** The Hormone Foundation Hormone Health Network The Magic Foundation (Major Aspects of Growth in Children) www.thyroid.org www.endocrineweb.com www.hormone.org

www.magicfoundation.org

Environmental Health

Agency for Toxic Substances and Disease Registry Enviro-Health Links Haz-Map (Occupational **Exposure to Hazardous Agents)** Household Products Database

www.atsdr.cdc.gov/toxfaqs/ index.asp http://sis.nlm.nih.gov/pathway.html www.hazmap.nlm.nih.gov

www.householdproducts.nlm.nih. gov/index.htm

Eyes

All About Vision American Academy of Ophthalmology (Get Eye Smart) American Association for Pediatric Ophthalmology and Strabismus American Foundation for the Blind American Optometric Association Foundation Fighting Blindness Glaucoma Research Foundation

www.allaboutvision.com www.geteyesmart.org

www.aapos.org

www.afb.org www.aoa.org www.blindness.org www.glaucoma.org

Genetics

National Down Syndrome Congress Your Genes Your Health **United Cerebral Palsy**

www.ndsccenter.org/ www.yourgenesyourhealth.org www.ucp.org

Health Care and Quality

Compare Hospitals from the Health and Human Services Disability.gov HealthCare.gov National Guideline Clearinghouse Questions are the Answer

www.hospitalcompare.hhs.gov

www.disability.gov www.healthcare.gov www.guideline.gov www.ahrq.gov/questions

Heart

Cleveland Clinic Heart Center **Heart Rhythm Society** The Society of Thoracic Surgeons www.clevelandclinic.org/heartcenter http:/hrsonline.org/patientinfo www.sts.org/sections/patient information

Immune System

Allergist Allergy and Asthma Network of Mothers of Asthmatics Lupus Alliance of America Lupus Foundation of America, Inc. Raynauds Association S.L.E. Lupus Foundation Scleroderma Foundation

www.acaai.org/allergist/Pages/default.aspx www.aanma.org www.lupusalliance.org

www.lupus.org www.raynauds.org www.lupusny.org www.scleroderma.org

Infectious Disease

AIDS Education www.aegis.com American Lyme Disease Foundation www.aldf.com Centers for Disease Control www.cdc.gov/STD/ and Prevention FDA for Consumers HIV and www.fda.gov/ForConsumers/ByAudience/ **AIDS Activities** ForPatientAdvocates/HIVandAIDSActivities

Immunization Action Coalition International Lyme and Associated Diseases Study The Body (HIV/AIDS) World Health Organization www.who.int/topics/infectious_diseases/en/

www.immunize.org www.ilads.org www.thebody.com

Intellectual Disability

American Association on Intellectual and Developmental Disabilities The Arc

www.aamr.org (see national resources) www.thearc.org

Liver and Biliary Disease

Hepatitis Foundation International Hepatitis B

www.hepfi.org www.hepb.org

Medications

Drug Digest Drug Information Portal FDA Drug Information for Consumers www.drugdigest.org http://druginfo.nlm.nih.gov www.fda.gov/drugs/Resources ForYou/ Consumers/default.htm www.needymeds.org

NeedyMeds PDR Health Safe Medication PillBox

www.pdrhealth.com www.safemedication.com http://pillbox.nlm.nih.gov

Online Resources

Mental Health

American Psychological Association
Befrienders Worldwide
Depression and Bipolar Support Alliance
Helpguide
Helpline
Mental Health America

www.apa.org/index.asp www.befrienders.org www.dbsalliance.org helpguide.org www.hopeline.com/gethelpnow www.mentalhealthamerica.net www.ulifeline.org

Muscle-Skeletal Health

Ulifeline (for College Students)

American Academy of Orthopedic Surgeons American College of Rheumatology patients American Academy of Podiatric Sports Medicine Arthritis Foundation Footcare MD

http://orthoinfo.aaos.org www.rheumatology.org/practice/clinical/ www.aapsm.org/articles.html

Arthritis Foundation www.arthritis.org
Footcare MD www.aofas.org/footcaremd
Foot Health Facts www.foothealthfacts.org
Joint Replacement www.jointreplacement.com

Nervous System

ALS Association
(Fighting Lou Gehrig's Disease)
Alzheimer's Association
Alzheimer Foundation of America
Alzheimer Research Forum
American Academy of Sleep Medicine
American Brain Tumor Association
American Headache Society
Dystonia Medical Research Foundation
Epilepsy Therapy Project
Fisher Center for Alzheimer's
Research Foundation
Lennox-Gastaut Syndrome
National Brain Tumor Society
National Headache Foundation

www.alz.org www.alzfdn.org www.alzforum.org

www.alsa.org

http://yoursleep.aasmnet.org/index.aspx www.abta.org

www.achenet.org

www.dystonia-foundation.org

www.epilepsy.com www.alzinfo.org

www.lgsfoundation.org www.braintumor.org www.headaches.org

http://www.sleepfoundation.org/ www.cdc.gov/TraumaticBrainlnjury/index.

The Michael J. Fox Foundation www.michaeljfox.org

We Move — Movement Disorders www.wemove.org

Nutrition

html

Eat Right
USDA
Nutrition
Nutrition Source
Super Kids Nutrition

National Sleep Foundation

For Parkinson's Research

Traumatic Brain Injury

www.eatright.org www.choosemyplate.gov www.nutrition.gov

www.hsph.harvard.edu/nutritionsource www.superkidsnutrition.com/

Organ Donation

Organ Donation www.organdonor.gov
Transplant Living www.transplantliving.org
United Network for Organ Sharing www.unos.org

Rare Disorders

National Organization for Rare Disorders

www.rarediseases.org

Respiratory Health

American Lung Association Coalition for Pulmonary Fibrosis Campaign for Tobacco-Free Kids Asthma.com www.lung.org www.coalitionforpf.org www.tobaccofreekids.org www.asthma.com

Skin

American Academy of Dermatology International Hyperhidrosis Society National Alopeica Areata Foundation National Eczema Association National Psoriasis Foundation Rosacea.org

www.aad.org/public www.ihhs.net www.naaf.org www.nationaleczema.org www.psoriasis.org www.rosacea.org

www.skinsight.com

Social Networking

Patients like me Daily Strength

Skinsight

www.patientslikeme.com www.dailystrength.org

Urinary System

American Association of Kidney Patients National Kidney Foundation Polycystic Kidney Disease Foundation www.aakp.org www.kidney.org www.pkdcure.org

Women & Reproductive Health

Reproductive Facts
American Pregnancy Association
Childbirth Connection
March of Dimes
Resolve: The National Infertility Association
The American Fertility Association
USDHSS Office of Women's Health

The North American Menopause Society

www.reproductivefacts.org
www.americanpregnancy.org
www.childbirthconnection.org
www.marchofdimes.com
www.resolve.org
www.theafa.org
womenshealth.gov
www.menopause.org

General Health Information Resources

American Medical Association
Annals of Internal Medicine
Patient Information
Centers for Disease Control and Prevention
Cleveland Clinic
Food and Drug Administration
Healthfinder
Health News Reviews
Medlineplus
Merck Manuals
Product Recalls
NIH Clinical Center

www.ama-assn.org http://annals.org/SS/ PatientInformation.aspx www.cdc.gov

www.clevelandclinic.org/health www.fda.gov www.healthfinder.gov www.healthnewsreview.org www.medlineplus.gov

www.recalls.gov

www.merckmanuals.com

www.cc.nih.gov/ccc/patient_education/conditions_diseases.html